



## ENDURO GREEK SERIES ROUND 5

## RACE BOOK Lake Plastira Enduro

**Kalivia Pezoulas**  
18-19 October 2025

### SCHEDULE

#### Thursday 16 OCTOBER

10:00 – 17:00	Practice - Uplift service by arrangement. Tel. +30 6981037890, mtb@plastiramtb.gr and Subject "Uplift Thursday"
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#### Friday 17 OCTOBER

10:00-17:00	Practice - Uplift service
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#### Saturday 18 OCTOBER

09:00-13:00	Registrations-Collection of Number Plates
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09:00-17:00	Official Practice - Uplift service (only with number plates)
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16:00-17:00	Kid Friendly Race at Race Village
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18:00-19:00	Race briefing at Race Village
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#### Sunday 19 OCTOBER

08:00-14:00	Race
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11:00-12:00	Bike ride along the lake's cycling route and visit/ tour to Botanical Garden (event for visitors, family and kids)
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14:00 – 15:00	Awards Ceremony
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For more information and the latest news, visit [www.plastiramtb.gr](http://www.plastiramtb.gr)

## REGISTRATION

Registrations will be accepted until Monday, October 13<sup>th</sup>. Same is applicable for the payment of the race fee. The race fee must be paid in full and any bank charges are solely the responsibility of the participants.

Participants who have not paid their race fee on time can pay it at the secretariat on Saturday, October 18<sup>th</sup> with an additional charge of 10 euros.

Maximum number of participants is limited to 220 competitors.

Registrations will close earlier if the slots have been filled and the race fee has been paid.

Registration is NOT transferable to another person.

**The secretariat will be open for number plates collection until Saturday 18/10 at 13:00 pm.**

**NO registration will be accepted beyond that date and time, unless it concerns a serious reason and only following arrangement with the race committee.**

## CANCELLATION RULES

Registration fees are refundable (less all bank fees) up to 2 weeks prior to the race date. No refunds will be made beyond the foresaid deadline.

## RACE ROUTE

**Terrain:** Natural trails with flow and high speeds. Few berms, no artificial jumps, few natural drops with escape lines (chicken lines).

**Route:** All of the timed stages (PS) pass through fir forest at high altitudes, mixed fir and chestnut forest at medium altitudes and oak forest at low altitudes. The connecting stages (LS) are on tree-covered fire roads (dirt) and country (asphalt) roads with very light traffic.

### **Total route:**

4 timed stages for all categories. Conventional bikes 27km, ↑1,000m | e-bikes 37km, ↑1,400m

P.S.1: Conventional bikes    Length 2.7km, ↓ 270m

   e-bikes:    Length 6.1km, ↓ 620m

P.S.2:                                Length 2.2km, ↓ 330m

P.S.3:                                Length 2.8km, ↓ 482m

P.S.4:                                Length 1.8km, ↓ 295m

A route breakdown and race map will be announced on Friday, October 10<sup>th</sup>.

The timed stages will be unknown and closed until the start of the practice sessions.

## PRACTICE

Practice is allowed from Thursday 16<sup>th</sup> October to Saturday 18<sup>th</sup> of October, according to the schedule.

Riding in opposite direction and stopping within the trails are prohibited for safety reasons.

## SHUTTLLING - UPLIFT

The transition and transportation of cyclists to the timed stages during the practice days and hours can be done by motorized means.

During the race, the transition and transportation of cyclists by individual motorized means to the timed stages is strictly prohibited.

During the practice days (Thursday, Friday and Saturday) there will be trucks and pickup vehicles to offer Uplift service at a cost of 5€ per lift. Each uplift will cover almost 10km of asphalt road and 800m of elevation difference.

On Sunday, for the official race, the transportation of all cyclists (e-bikes included) from the race start on Race Village to the first timed stage will be FREE via Uplift service vehicles arranged by the race committee only (no personal vehicles are allowed).

## SAFETY RULES

Mandatory use of helmet.

Mandatory use of helmet in connecting liaison stages as well.

Mandatory use of goggles/glasses and knee pads.

## ACCOMMODATION

In Lake Plastiras region there are many accommodation options available to cover the full range of services, amenities and budget. The organization committee recommends the following accommodations which provide discounted prices for the participants of the race. When contacting the accommodation, please quote that you are participating in the *Lake Plastiras Enduro Race (Podilatiko Agona Limnis Plastira)* to receive the discount.

You can also contact the organizer (Thomas Zarkadas +30 6981037890) to direct you according to your needs (families, groups, small groups, etc.) and budget.

1) Hotel Aiolides

Tel: +30 24410 92966 | +30 24410 92800

<https://www.aiolides.gr/gr/>

2) Hotel Orama

Tel: +30 24410 92994 | Mob: +30 6932 732060

<https://www.oramahotel.gr/>

3) Hotel Agrafa  
Tel: +30 24410 92945

4) Hotel Megdovas  
Tel: +30 24410 92377 | +30 24410 92387  
<https://www.megdovas.gr/>

5) Hotel Oreiades  
Mob: +30 6987220405  
<https://www.oreiadeshouses.com/>

6) Hotel Akrolimnia  
Tel: +30 24410 92495 | Mob: +30 6979224396

7) Lodge Odysseas  
Tel: +30 24410 92001  
<https://www.odysseashotel.com/o-xenonas/>

8) Homes Asprolithia  
Tel: +30 24410 92350 / Mob: +30 6981808304  
<https://tasprolithia.gr/>

9) For die hard adventurers, a FREE camp site to pitch your tent has been arranged at the municipal campsite in the village of Neraida offering toilets, hot showers and electricity. Those interested are kindly requested to contact the organizer (Thomas Zarkadas +30 6981037890) in advance as prior arrangement with the Municipality is required. The campsite is at an altitude of 1,200m. Campers should bring along warm clothes and appropriate equipment to avoid becoming the 'cold dogs' of the race.

## VISITORS & FAMILIES

The area of Lake Plastiras is an ideal destination for your family and friends. It is a popular mountain destination that combines natural beauty, mountain recreation escapes, variety of accommodations, good food and easy access all year round.

The organization committee will organize and carry out activities for the companions and visitors during the two-day race.

**Kids friendly mini enduro race (enduraki)**. Saturday, October 18 at 4pm. Our younger friends are invited to participate in a friendly MTB race on an easy route through the oak forest near the Race Village at Pezoula beach. Participants will gather at the Race Village and will explore by bike or on foot a nearby area in the forest guided by the organizers. The finish line will take place at the Race Village. Souvenirs for the participation will be given to all kids.

**Bike ride along the lakeside cycling route and tour of the Botanical Garden**. Sunday, October 18 at 11am. As the official race will be in full swing, companions and visitors can follow a fun bike tour guided by the organizers. The lakeside cycling route is an easy, marked dirt road with a gentle slope that passes through an oak forest and very close to the shores of the lake. The departure will be from the Race Village, visit the Botanical Garden for a guided tour and return to the Race Village by the same route. The total length of the ride

will be 10km. Participants can have their own bikes but there is also the possibility of renting conventional mountain bikes or electric trekking bikes. Those wishing to rent bicycles are kindly requested to contact 'Tavropos activities' in advance to reserve a bicycle and equipment (helmet) at +30 6974520444 (Alexandros). The bicycles of their choice will be waiting for them at the 'Tavropos activities' facilities 50m from the Race Village.

### **Points of interest and activities to do.**

General information about the sights of the Municipality of Lake Plastira

<https://plastiras-ota.gr/cat-building/axiotheata/>

- Lake Plastira Dam. Arched dam with an impressive 83m height at the back side between vertical gorge
- Holy Monastery of Panagia Pelekiti. Stone-built Monastery carved into a steep rock. Visiting hours end at 4pm.
- Open-Air Museum of Contemporary Art in Morfovouni
- Botanical Garden by the lake close to the
- Hiking the excellent trail network of the Karditsa Hellenic Mountaineering Association (EOS) <https://eoskarditsas.gr/>
- Kazarma Fire Watch. Route for 4x4 vehicles only. 12km of 'hard' dirt road with the most magnificent views of the Agrafa mountain range and Lake Plastira.
- Guided tour and wine tasting at the 'Monsieur Nicolas' Winery. Upon request <https://winerymonsieurnicolas.gr/el>
- Cycling on the lake with specially designed pedal bikes, canoe, kayak, SUP, archery, cycling, e-bikes <https://www.tavropos.com/>
- Lake swimming for the bold ones
- Filoneikos Zoological Park in Karditsa <https://filoneikos.gr/>

Scan the QR code to find out more or visit [www.plastiramtb.gr](http://www.plastiramtb.gr)

